

Good Afternoon,

I have been given this email address from the Office of Professor Moodie. I also understand from media reports Federal Government's 'Preventative Health Taskforce' is examining ways to lessen the problem of obesity, and in particular some substantial additions to the existing Labelling Regulations.

As an end user, is there any channel by the which I can make a contribution. I have struggled with obesity nearly all my life - and I am now 65. I have Diabetes Type 2, no doubt brought on by my years of obesity. My Medical Practitioner has yet again placed me on a Weight Reduction Plan. With the help of present labelling laws (so much better than a few years ago) and my Dietician I now keep a Food Diary and weigh all food and measure drink that I consume. I have lost over 28 kg since early October.

However, the labelling laws could be much improved. In Supermarkets / Shops fresh produce; Meats, Fruits, Fish and Vegetables are not included in the laws. In addition there is little information such as Ingredients and Calorie information from Restaurants and most Take Away outlets. The exceptions are of course, K F C, McDonald's, Hungry Jacks. In fact many of the chains are quite good. However, as my wife refuses to let me take my Soehne Electronic Scales to a Restaurant (I do understand her reluctance) so I do not go. Surely they know what they make and can easily put the KJ or KCal (or both) on their Menu Sheets. Perhaps you can encourage the Taskforce, and to use this observation and hopefully the the Taskforce will recommend a further advance in the labelling laws along the lines mentioned above.

I am happy to share any further observations I can.

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By God's Grace,

Martin Clementson

Christians for a Green Earth

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